

TRAINING OF TRAINERS (ToT)

As part of the commitment to enhancing the quality of dementia care, DIA proposed to organize training programs across the country in collaboration with like-minded organizations with relevant expertise and facilities

To standardize and ensure the quality of all the training programs, DIA organized the Training-of-Trainers Program (ToT) in Bangalore from 29th Feb to 2nd March. This program was specifically designed for Psychologists, Social Workers, Nurses, and allied healthcare professionals in the geriatric and dementia care sectors. This three-day program aimed to equip participants with essential knowledge and skills to train both formal and informal caregivers.

The three-day program was structured as follows: The first day began with intensive theory sessions covering eight modules, which were meticulously developed and delivered by trainers possessing extensive experience and area of expertise. These modules included also included cases, MCQs and activities. The second day featured hands-on experience at NMT's residential care facility, allowing participants to engage with persons at various stages of dementia. Activities included conversations with some residents and conducting stimulating exercises with others. Participants discussed with Dr Nandhini during her rounds who explained cases and addressed questions. Furthermore, participants received insights on creating a dementia-friendly environments.



Trainees, through the partnering organizations, will play a key role in furthering the mission of the DIA by sharing their knowledge through training sessions in their respective institutions and communities. The certification ensures excellence in dementia care across diverse healthcare settings.

For our first ToT we were thrilled to welcome 27 participants from various organizations across India, showcasing their enthusiasm, backing and shared vision for this cause. The interest inspires us to advance our mission and foster a robust community. Encouraged by the positive feedback, we are organizing our second training of the trainers (TOT) session from May 22nd to May 24th

Details:

Date: 29th feb- 2nd march

Venue: Nightingales centre for aging and Alzheimer's, Bengaluru

No. of participants: 27

No. of trainers: 4

